

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>My Mondays Menu encouraging student to try new Meatless and Vegetarian Entrees</p> 	<p>Breakfast 1 Egg & Cheese on English Muffin Lunch: Breakfast for Lunch: French Toast Sticks with Turkey Sausage Hamburger on a Bun Mini Cobb Salad w/Roll Crispy Chicken Wrap</p>	<p>Breakfast 2 Breakfast Burrito Lunch: Beef Teriyaki with Broccoli over Brown Rice Freshly Baked Cheese or Pepperoni Pizza Fajita Chicken Salad w/Tortilla Triangles Ham & Cheese on Whole Wheat</p>	<p>Breakfast 3 Pancake on a Stick Lunch: Fresh Tilapia Taco w/ Lime Sour Cream & Slaw Option Chicken Patty on a Bun Fruit & Yogurt Parfait w/Graham Crackers Roast Turkey with Cream Cheese Pinwheels</p>	<p>Breakfast 4 Assorted Muffin Lunch: Fiesta Bean & Cheese Nachos Whole Grain Corn Dog Mandarin Chicken Salad w/Chow Mein Noodles Tuna Sub Sandwich</p>
<p>Breakfast: 7 French Toast Sticks Lunch: Beef BBQ Rib on a Bun Freshly Baked Cheese or Pepperoni Pizza <i>My Mondays</i> Hearty Garden Salad w/Roll Turkey & Cheese Sandwich on Whole Wheat</p>	<p>Breakfast 8 Ham & Cheese Bagel Lunch: Breakfast for Lunch: Taco Tuesday Chicken Patty on a Bun Poppin Chicken Salad w/Roll Peanut Butter & Jelly</p>	<p>Breakfast 9 Egg & Cheese Omelet w/ Biscuit Lunch: Hot Ham & Cheese Melt with w/Tater Tots Freshly Baked Cheese or Pepperoni Pizza Fajita Chicken Salad w/Tortilla Triangles Ham & Cheese on Whole Wheat</p>	<p>Breakfast 10 Low Fat Yogurt & Fruit Parfait Lunch: Mo's Clam Chowder w/ Garlic Bread Whole Grain Corn Dog Mandarin Chicken Salad American Sub</p>	<p>No School 11</p>  <p>Bay Shrimp (Pacific Shrimp Co.) & Mo's Clam Chowder are Lincoln County Products.</p>
<p>Breakfast: 14 Warm Breakfast Quesadillas Lunch: Chicken and Vegetable Fajitas w/ Rice Freshly Baked Cheese or Pepperoni Pizza <i>My Mondays</i> Crunchy Caesar Salad w/Roll Ham & Cheese Sub</p>	<p>Breakfast: 15 Egg & Cheese on English Muffin Lunch: Baked Bean & Cheese Enchilada Hamburger on a Bun Mini Cobb Salad Peanut Butter & Jelly</p>	<p>Breakfast: 16 Scrambled Eggs & Biscuit Lunch: Pork Sliders Freshly Baked Cheese or Pepperoni Pizza Southwestern Taco Salad w/ Tortilla Triangles Ham & Cheese Pinwheel</p>	<p>Breakfast: 17 Assorted Muffin Lunch: Baked Chicken Nuggets w/ Mashed Potatoes and Green Beans Cheeseburger on a Bun Chicken Caesar Salad w/ Roll Turkey & Cheese Wrap</p>	<p>No School 18</p> 
<p>Breakfast: 21 French Toast Sticks Lunch: Baked White Meat Chicken Tenders w/ Oven Potatoes Freshly Baked Cheese or Pepperoni Pizza Hearty Garden Salad <i>My Mondays</i> Bagel w/Yogurt</p>	<p>Breakfast: 22 Egg & Cheese on a Biscuit Lunch: Taco Tuesday Chicken Patty on a Bun Crispy Chicken Salad Tuna Salad Wrap</p>	<p>Breakfast: 23 Breakfast Pizza Bagel Lunch: Turkey Gravy over Mashed Potatoes w/ Steamed Vegetables Freshly Baked Cheese or Pepperoni Pizza Classic Chef Salad w/Roll Ham & Cheese Sub Sandwich</p>	<p>Breakfast 24 Pancake on a Stick Lunch: Spaghetti w/ Meatsauce & French Bread and Green Beans Hot Dog Poppin' Chicken Salad w/Roll American Sub Sandwich</p>	<p>Breakfast: 25 Egg & Cheese on English Muffin Lunch: Bean & Cheese Burrito w/ Rice Cheesy Breadsticks w/ Marinara Sauce Shrimp Louie Salad Veggie Sub</p>
<p>28 Memorial Day No School</p> 	<p>Breakfast 29 Bagel w/ Cream Cheese & Fruit Lunch: Breakfast for Lunch: French Toast Sticks with Turkey Sausage Hamburger on a Bun Mini Cobb Salad w/Roll Crispy Chicken Wrap</p>	<p>Breakfast 30 Scrambled Egg w/ Biscuit Lunch: Beef Teriyaki with Broccoli over Brown Rice Freshly Baked Cheese or Pepperoni Pizza Fajita Chicken Salad w/Tortilla Triangles Ham & Cheese on Whole Wheat</p>	<p>Breakfast 31 Ham & Cheese on English Muffin Lunch: Baked Macaroni & Cheese Chicken Patty on a Bun Fruit & Yogurt Parfait w/Graham Crackers Roast Turkey with Cream Cheese on a Bagel</p>	<p>freshpick for better health by sodexo</p> <p><i>Peaches are the produce of the month.</i></p>

~This Institution is an equal opportunity provider ~ Menu Subject to Change



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