

MARCH 2012

Kid's Way Cafe Elementary Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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| <p>National School Breakfast Week Go For The Gold!</p>  | <p>March is National Nutrition Month!</p>  |  | <p>Breakfast 1 Egg & Cheese on English Muffin Lunch: Spaghetti w/ Meatsauce & French Bread and Green Beans Bean & Cheese Burrito Poppin' Chicken Salad w/Roll American Sub Sandwich</p> | <p>Breakfast: 2 Low Fat Yogurt & Fruit Parfait w/Graham Crackers Lunch: Beef Teriyaki with Broccoli over Brown Rice Weiner Wrap or Hot Dog Chicken Caesar Salad w/Roll Veggie Wrap or Sub</p> |
| <p>Breakfast: 5 Go for The Gold French Toast Sticks Lunch: Chicken Tenders w/Brown Rice Pilaf Freshly Baked Cheese or Pepperoni Pizza Turkey & Cheese Sandwich on Whole Wheat My Mondays Hearty Garden Salad w/Roll</p> | <p>Breakfast 6 Go for The Gold Ham & Cheese Bagel Lunch: Breakfast for Lunch: Pork Carnitas Hamburger on a Bun Mini Cobb Salad w/Roll Crispy Chicken Wrap</p> | <p>Breakfast 7 Go for The Gold Egg & Cheese Omelet w/ Biscuit Lunch: Hot Ham & Cheese Melt with w/Tater Tots Freshly Baked Cheese or Pepperoni Pizza Fajita Chicken Salad w/Tortilla Triangles Ham & Cheese on Whole Wheat</p> | <p>Breakfast 8 Go for The Gold Bagel w/ Cream Cheese Lunch: Mo's Clam Chowder w/ Garlic Bread Whole Grain Corn Dog Fruit & Yogurt Parfait w/Graham Crackers Roast Turkey with Cream Cheese on a Bagel</p> | <p>Breakfast: 9 Go for The Gold Assorted Muffin Lunch: Fiesta Beef, Bean & Cheese Nachos w/ Green Beans Chicken Patty on a Bun Mandarin Chicken Salad w/Chow Mein Noodles Veggie Sub</p> |
| <p>Breakfast: 12 Warm Breakfast Quesadillas Lunch: Baked Chicken Bites with Sweet Potato Fries Freshly Baked Cheese or Pepperoni Pizza Ham & Cheese Sub My Mondays Crunchy Caesar Salad w/Roll</p> | <p>Breakfast: 13 Egg & Cheese on English Muffin Lunch: Taco Tuesday Chicken Patty on a Bun Poppin Chicken Salad w/Roll Veggie Wrap</p> | <p>Breakfast: 14 Breakfast Burrito Lunch: Beef Teriyaki with Broccoli over Brown Rice Freshly Baked Cheese or Pepperoni Pizza Southwestern Taco Salad w/ Tortilla Triangles Minnie Mouse Pinwheels</p> | <p>Breakfast: 15 Pancake on a Stick Lunch: Baked Potato Bar w/Chili & Toppings Chicken Quesadillas Mini Cobb Salad w/Roll Turkey & Cheese on Whole Wheat</p> | <p>Breakfast: 16 Low Fat Yogurt & Fruit Parfait w/Graham Crackers Lunch: Toasted Cheese Sandwich w/Tomato Soup Hamburger on a Bun Shrimp Louie Salad American Sub Sandwich</p> |
| <p>Breakfast: 19 French Toast Sticks Lunch: Beef BBQ Rib on a Bun Freshly Baked Cheese or Pepperoni Pizza Mandarin Chicken Salad w/Chow Mein Noodles My Mondays Bagel w/Yogurt</p> | <p>Breakfast: 20 Crazy Clock Day Ham & Cheese Bagel Lunch: Pork Carnitas Italian Meatball Sub Crispy Chicken Salad w/Roll Turkey Sandwich on Wheat Bread</p> | <p>Breakfast: 21 Kids Café Way Selection Lunch: Turkey Gravy over Mashed Potatoes w/ Steamed Vegetables Freshly Baked Cheese or Pepperoni Pizza Classic Chef Salad w/Roll Ham & Cheese Sub Sandwich</p> | <p>Breakfast: 22 Bagel w/ Cream Cheese Lunch: Kids Way Café Selection</p> | <p>No School 23</p>  <p>Bay Shrimp (Pacific Shrimp Co.) & Mo's Clam Chowder are Lincoln County Products.</p> |
| <p>SPRING BREAK MARCH 26TH – MARCH 30TH</p> | | | | |
| <p>Breakfast: 2 Warm Breakfast Quesadillas Lunch: Baked White Meat Chicken Tenders w/Brown Rice Pilaf Freshly Baked Cheese or Pepperoni Pizza Classic Chef Salad w/Roll Turkey & Cheese Sandwich on Whole Wheat</p> | <p>Breakfast 3 Egg & Cheese on English Muffin Lunch: Breakfast for Lunch: French Toast Sticks with Turkey Sausage Hamburger on a Bun Mini Cobb Salad w/Roll Crispy Chicken Wrap</p> | <p>Breakfast 4 Breakfast Burrito Lunch: Beef Teriyaki with Broccoli over Brown Rice Freshly Baked Cheese or Pepperoni Pizza Fajita Chicken Salad w/Tortilla Triangles Ham & Cheese on Whole Wheat</p> | <p>Breakfast 5 Pancake on a Stick Lunch: Fresh Tilapia Taco w/ Lime Sour Cream & Slaw Option Chicken Patty on a Bun Fruit & Yogurt Parfait w/Graham Crackers Roast Turkey with Cream Cheese Pinwheels</p> | <p>Breakfast 6 Assorted Muffin Lunch: Fiesta Bean & Cheese Nachos Whole Grain Corn Dog Mandarin Chicken Salad w/Chow Mein Noodles Tuna Sub Sandwich</p> |

~This Institution is an equal opportunity provider ~ Menu Subject to Change



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