








WHEN SHOULD A CHILD STAY HOME FROM SCHOOL OR BE SENT HOME FROM SCHOOL?

The list below gives school instructions, not medical advice. Please contact your health care provider with health concerns.

<p>IF your child has been:</p> <ul style="list-style-type: none"> Diagnosed with COVID-19 OR Sick with two or more primary symptoms of Covid-19: <ul style="list-style-type: none"> Fever 100.4 or higher, cough, chills, difficulty breathing, new loss of taste or smell 	<p>DO THIS:</p> <ul style="list-style-type: none"> Stay Home for five full days AND Return when fever-free for 24 hours without the use of fever-reducing medication and other symptoms have improved. Individuals should strongly consider and it is highly recommended to wear a well-fitting mask around others at home and in public for 5 additional days (day 6 through day 10) after the end of the 5-day isolation period.
<p>If Non-primary Covid-19 symptoms persist greater than one day:</p> <p><u>Non-primary Covid-19 symptoms:</u></p> <ul style="list-style-type: none"> Fatigue, muscle or body aches, headache, sore throat, nasal congestion or runny nose, nausea or vomiting, diarrhea 	<p>Consider evaluation by a healthcare provider to determine if viral testing is advised.</p>
 <p>IF You Have: <u>Fever</u>: temperature by mouth of 100.4°F or Higher</p>	<p>Stay Home Until: *Fever-free for 24 hours without taking fever-reducing medicine AND after a COVID-19 test is negative, OR 5 days if not tested.</p>
 <p>IF You Have: <u>New cough</u> only OR IF You Have: <u>New difficulty breathing (NOT chronic)</u></p>	<p>Stay Home Until: *Symptom-free for 24 hours If diagnosed with pertussis (whooping cough), the student must take 5 days of prescribed antibiotics before returning.</p>

GENERAL SYMPTOMS OF ILLNESS	STUDENTS MAY RETURN AFTER... *The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.
 <p>Headache: with stiff neck or with fever</p>	<p>*Symptom-free OR with orders from doctor to school nurse. Follow fever instructions if fever is present.</p>
 <p>Diarrhea: 3 loose or watery stools in one day OR newly not able to control bowel movements</p>	<p>*Symptom-free for 48 hours OR with orders from doctor to school nurse.</p>
 <p>Vomiting: one or more episode that is unexplained.</p>	<p>*Symptom-free for 48 hours OR with orders from doctor to school nurse.</p>
<p>Skin rash or open sores:</p>	<p>*Symptom-free, which means rash is gone OR sores are dry or can be completely covered by a bandage OR with orders from doctor to school nurse.</p>
<p>Red eyes with eye discharge: yellow or brown drainage from the eyes</p>	<p>*Symptom-free, which means redness and discharge are gone OR with orders from doctor to school nurse.</p>
<p>Jaundice: new yellow color in eyes or skin</p>	<p>*After the school has orders from a doctor or local public health authority to school nurse.</p>
<p>Acting different without a reason: unusually sleepy, grumpy, or confused.</p>	<p>*Symptom-free, which means return to normal behavior OR with orders from doctor to school nurse.</p>
<p>Major health event, like an illness lasting 2 or more weeks OR a hospital stay.</p>	<p>*After the school has orders from doctor to school nurse.</p>
<p>Student's health condition requires more care than school staff can safely provide</p>	<p>*After measures are in place for student's safety.</p>

ONLY A LICENSED HEALTH CARE PROVIDER CAN DETERMINE A DIAGNOSIS AND/OR PRESCRIBE TREATMENT AND PROVIDE INSTRUCTIONS REGARDING THE STUDENT'S RETURN TO SCHOOL.

Please contact Betsy Brooks, RN at Betsy.Brooks@lincoln.k12.or.us or ext 128 if you have questions or concerns about your student.